

아리랑한인요양원
ARIRANG KOREAN
LONG-TERM CARE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Worship Service 1F 14:30 Group Sing-Along 4F 15:30 Friendly Visits	2 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Famous Arts 5F 14:30 Famous Arts 4F 14:30 Famous Arts 6F	3 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Exercise/Sing-Along 4F 13:20 Hymns 5F 14:30 Hymns 4F 14:45 Hymns 6F 18:00 Movie 6F	4 09:20 Physio Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits	5 10:30 Exercise/Balloon Toss 4F 10:30 Exercise/Balloon Toss 5F 10:30 Exercise/Balloon Toss 6F 13:20 Sing-Along 5F 14:30 Sing-Along 4F 14:45 Sing-Along 6F 15:30 Friendly Visits	6 10:30 Morning Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Worship Service 6F 11:00 Morning Exercise 6F 13:45 Afternoon Tea Cafe 6F 15:30 Friendly Visits	7 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits
8 10:00 Worship Service 1F 14:30 Group Sing-Along 5F 15:30 Friendly Visits	9 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Arts & Crafts 4F 14:30 Arts & Crafts 5F 14:30 Arts & Crafts 6F	10 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Morning Exercise 4F 11:00 Sing-Along 4F 13:30 Hymns 6F 14:45 Catholic Service 5F 18:00 Movie 4F	11 09:20 Physio Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:30 Resident Council Meeting 5F 15:30 Friendly Visits	12 10:30 Exercise/Balloon Toss 4F 10:30 Exercise/Balloon Toss 5F 10:30 Morning Exercise 6F 11:00 Balloon Toss 6F 13:30 Music Concert with Pastor Sun-Young Kim 5F 15:30 Friendly Visits	13 10:30 Morning Exercise 4F 10:30 Morning Exercise 6F 10:30 Morning Exercise 5F 11:00 Sing-Along 5F 13:30 Senior Korean Choir Concert 1F 15:30 Friendly Visits	14 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits
15 10:00 Worship Service 1F 14:30 Group Sing-Along 6F 15:30 Friendly Visits	16 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:30 Word Game 5F *Rewards Shopping Indivisual Visits	17 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Exercise/Sing-Along 4F 13:20 Hymns 5F 14:30 Hymns 4F 14:45 Hymns 6F 18:00 Movie 5F	18 09:20 Physio Exercise 4F 09:20 Morning Exercise 5F 10:30 Exercise/Sing-Along 6F 10:45 Worship Service 4F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F	19 10:30 Exercise/Balloon Toss 4F 10:30 Exercise/Balloon Toss 5F 10:30 Exercise/Balloon Toss 6F 13:20 Music Quiz 5F 14:30 Music Quiz 4F 14:45 Music Quiz 6F 15:30 Friendly Visits	20 10:30 Morning Exercise 4F 10:30 Morning Exercise 6F 10:30 Morning Exercise 5F 11:00 Sing-Along 5F 13:30 Birthday Party 1F 15:30 Friendly Visits	21 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits
22 10:00 Worship Service 1F 14:30 Group Sing-Along 4F 15:30 Friendly Visits	23 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Arts & Crafts 4F 14:30 Arts & Crafts 5F 14:30 Arts & Crafts 6F	24 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Morning Exercise 4F 11:00 Sing-Along 4F 13:20 Yut Game 4/6F 14:30 Yut Game 5F 18:00 Movie 6F	25 09:20 Physio Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Monthy News 5F 14:30 Monthy News 4F 14:45 Monthy News 6F	26 10:30 Exercise/Balloon Toss 4F 10:30 Exercise/Balloon Toss 5F 10:30 Morning Exercise 6F 11:00 Balloon Toss 6F 13:20 Catholic Mass 5F 15:00 Hymns 4F 16:00 Friendly Visits	27 09:20 Physio Exercise 5F 10:30 Morning Exercise 6F 10:30 Worship Service 4F 11:00 Morning Exercise 4F 14:00 Bingo 6F 14:00 Cooking 5F 15:30 Friendly Visits	28 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits
29 10:00 Worship Service 1F 14:30 Sing-Along 5F 15:30 Friendly Visits	30 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Exercise/Sing-Along 6F 13:20 True and False Quiz 5F 14:45 True and False Quiz 4/6F					