

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 10:00 Worship Service 1F 14:30 Colouring 4F 15:30 Friendly Visits  	3 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Arts & Crafts 4F 14:30 Arts & Crafts 5F 14:30 Arts & Crafts 6F 	4 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Exercise/Sing-Along 4F 13:20 Hymns 5F 14:30 Hymns 4F 14:45 Hymns 6F 18:00 Movie 5F 	5 09:20 Physio Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 	6 10:30 Exercise/Ball Game 4F 10:30 Exercise/Ball Game 5F 10:30 Exercise/Ball Game 6F 13:20 Sing-Along with Stan Park 5F 14:00 Sing-Along with Stan Park 4/6F 	7 10:30 Morning Exercise 4F 10:30 Morning Exercise 6F 10:30 Morning Exercise 5F 11:00 Sing-Along 5F 14:00 Bingo 6F 14:00 Cooking 5F 15:30 Friendly Visits 	8 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits 
9 10:00 Worship Service 1F 14:30 Colouring 5F 15:30 Friendly Visits  	10 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:20 Arts & Crafts 4F 14:30 Arts & Crafts 5F 14:30 Arts & Crafts 6F 	11 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Morning Exercise 4F 11:00 Sing-Along 4F 13:30 Hymns 6F 14:45 Catholic Mass 5F 18:00 Movie 6F 	12 09:20 Physio Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:30 Resident Council Meeting 5F 15:30 Friendly Visits 	13 10:30 Exercise/Ball Game 4F 10:30 Exercise/Ball Game 5F 10:30 Morning Exercise 6F 11:00 Ball Game 6F 13:30 Music Concert with Pastor Sun-Young Kim 5F 15:30 Friendly Visits 	14 10:30 Morning Exercise 4F 10:30 Morning Exercise 6F 10:30 Worship Service 5F 11:00 Morning Exercise 5F 13:30 Senior Korean Choir Concert 1F 15:30 Friendly Visits 	15 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits 
16 10:00 Worship Service 1F 14:30 Colouring 6F 15:30 Friendly Visits  	17 09:20 Physio Exercise 5F 10:00 Galleria Shopping Outing 4/6F 10:30 Physio Exercise 4F 10:30 Morning Exercise 6F 11:00 Sing-Along 6F 13:30 Music Quiz 4/5/6F 	18 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Morning Exercise 4F 11:00 Sing-Along 4F 13:30 Classical Piano Trio Recital 1F 18:00 Movie 4F 	19 09:20 Physio Exercise 4F 09:20 Morning Exercise 5F 10:30 Exercise/Sing-Along 6F 10:45 Worship Service 4F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 	20 10:30 Exercise/Ball Game 4F 10:30 Exercise/Ball Game 5F 10:30 Exercise/Ball Game 6F 13:20 Hymns 5F 14:30 Hymns 4F 14:45 Hymns 6F 15:30 Friendly Visits 	21 10:30 Morning Exercise 4F 10:30 Morning Exercise 6F 10:30 Morning Exercise 5F 11:00 Sing-Along 5F 13:30 August Resident Birthday Party 1F 15:30 Friendly Visits 	22 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 15:30 Friendly Visits 
23 10:00 Worship Service 1F 14:30 Colouring 4F 15:30 Friendly Visits  	24 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Exercise/Sing-Along 6F 13:20 Famous Arts 5F 14:30 Famous Arts 4F 14:30 Famous Arts 6F 	25 09:20 Physio Exercise 5F 10:30 Physio Exercise 6F 10:30 Exercise/Sing-Along 4F 13:20 Yut Game 4/6F 14:30 Yut Game 5F 18:00 Movie 5F 	26 09:20 Physio Exercise 4F 09:20 Morning Exercise 5F 10:30 Praise and Worship 6F 11:00 Morning Exercise 6F 13:20 Bingo 5F 14:30 Bingo 4/6F 	27 10:30 Exercise/Ball Game 4F 10:30 Exercise/Ball Game 5F 10:30 Exercise/Ball Game 6F 13:20 Monthly News 5F 14:30 Monthly News 4F 14:45 Monthly News 6F 	28 10:30 Morning Exercise 4F 10:30 Exercise/Sing-Along 5F 10:30 Worship Service 6F 11:00 Morning Exercise 6F 14:00 Ice-Cream Social 5F 	29 10:30 Exercise/Sing-Along 4F 10:30 Exercise/Sing-Along 5F 10:30 Exercise/Sing-Along 6F 13:20 Bingo 5F 14:30 Bingo 4F 14:30 Bingo 6F 
30 10:00 Worship Service 1F 14:30 Colouring 5F 15:30 Friendly Visits 	31 09:20 Physio Exercise 5F 10:30 Physio Exercise 4F 10:30 Exercise/Sing-Along 6F 13:20 Fall Prevention 5F 14:30 Fall Prevention 4/6F 					