














# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<u>*Rewards Day</u>				
<p>10:00 <u>Worship Service 1F</u> </p> <p>14:00 Colouring 6F</p> <p>15:30 Friendly Visits </p>	<p>09:30 Physio Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Sing-Along 6F</p> <p>10:30 Physio Exercise 4F </p> <p>14:00 True &amp; False Quiz 5F</p> <p><u>*Rewards Shopping</u> </p>	<p>09:30 Physio Exercise 5F</p> <p>10:30 Physio Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Sing-Along 4F</p> <p>13:30 Hymns 5F </p> <p>14:00 Hymns 4/6F</p> <p>18:00 Movie 4F</p>	<p>09:30 Morning Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p><u>10:30 Worship Service 6F</u></p> <p>10:30 Physio Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>	<p>10:00 Morning Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Ball Game 4F</p> <p>13:30 Word Game 5F </p> <p>14:00 Word Game 4/6F</p>	<p>10:00 Morning Exercise 6F</p> <p>10:00 Exercise/Sing-Along 5F</p> <p>10:00 Morning Exercise 4F</p> <p><u>10:30 Worship Service 4F</u></p> <p><u>13:30 Hanca Dream Senior's Choir Concert 1F</u> </p>	<p>10:00 Exercise 5F</p> <p>10:00 Exercise 6F</p> <p>10:30 Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>
<p>10:00 <u>Worship Service 1F</u> </p> <p>14:00 Colouring 5F</p> <p>15:30 Friendly Visits </p>	<p>10:00 Exercise 5F <i>Remembrance Day</i> </p> <p>10:00 Exercise 6F</p> <p>10:30 Sing-Along 6F</p> <p>10:30 Exercise 4F</p> <p>13:00 Arts &amp; Crafts 4F</p> <p>13:45 Arts &amp; Crafts 6F</p> <p>14:30 Arts &amp; Crafts 5F</p>	<p>09:30 Physio Exercise 5F</p> <p>10:30 Physio Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Sing-Along 4F </p> <p>14:30 Hymns 5F</p> <p><u>14:30 Catholic Service 6F</u></p> <p>18:00 Movie 6F</p>	<p>10:00 Exercise/Ball Game 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Ball Game 6F</p> <p>10:30 Physio Exercise 4F</p> <p><u>14:00 Resident Council 5F</u> </p>	<p>10:00 Morning Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Ball Game 4F</p> <p>14:00 Sing-Along 5F </p>	<p>10:00 Morning Exercise 6F</p> <p>10:00 Morning Exercise 5F</p> <p>10:30 Sing-Along 5F</p> <p>10:30 Morning Exercise 4F</p> <p><u>13:30 Birthday Party 1F</u> </p>	<p>10:00 Exercise 5F</p> <p>10:00 Exercise 6F</p> <p>10:30 Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>
<p>10:00 <u>Worship Service 1F</u> </p> <p>14:00 Colouring 4F</p> <p>15:30 Friendly Visits </p>	<p>09:30 Physio Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Sing-Along 6F</p> <p>10:30 Physio Exercise 4F</p> <p><u>13:30 Yut Game 5F</u></p> <p><u>14:30 Yut Game 4/6F</u> </p>	<p>09:30 Physio Exercise 5F</p> <p>10:30 Physio Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Sing-Along 4F</p> <p><u>13:30 Bowling 5F</u></p> <p><u>14:30 Bowling 4/6F</u> </p> <p>18:00 Movie 5F</p>	<p>10:00 Exercise/Ball Game 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Ball Game 6F</p> <p>10:30 Physio Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>	<p>10:00 Morning Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Ball Game 4F</p> <p>14:00 Sing-Along 5F </p>	<p>10:00 Morning Exercise 6F</p> <p>10:00 Morning Exercise 5F</p> <p><u>10:30 Worship Service 5F</u></p> <p>10:30 Morning Exercise 4F</p> <p>14:00 Bingo 6F</p> <p><u>14:00 Cooking: Fall Food 4F</u> </p>	<p>10:00 Exercise 5F</p> <p>10:00 Exercise 6F</p> <p>10:30 Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>
<p>10:00 <u>Worship Service 1F</u> </p> <p>14:00 Colouring 6F</p> <p>15:30 Friendly Visits </p>	<p>09:30 Physio Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Sing-Along 6F</p> <p>10:30 Physio Exercise 4F</p> <p>13:00 Arts &amp; Crafts 4F</p> <p>13:45 Arts &amp; Crafts 6F</p> <p>14:30 Arts &amp; Crafts 5F </p>	<p>09:30 Physio Exercise 5F</p> <p>10:30 Physio Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Sing-Along 4F</p> <p>14:30 Hymns 5F</p> <p><u>14:30 Mass 6F</u> </p> <p>18:00 Movie 4F</p>	<p>10:00 Exercise/Ball Game 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Ball Game 6F</p> <p>10:30 Physio Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>	<p>10:00 Morning Exercise 5F</p> <p>10:00 Morning Exercise 6F</p> <p>10:30 Morning Exercise 4F</p> <p>11:00 Ball Game 4F</p> <p>13:30 Monthly News 5F</p> <p>14:00 Monthly News 4/6F </p>	<p>10:00 Morning Exercise 6F</p> <p>10:00 Morning Exercise 5F</p> <p>10:30 Sing-Along 5F</p> <p>10:30 Morning Exercise 4F</p> <p><u>14:00 Korea Tour 5F</u> </p>	<p>10:00 Exercise 5F</p> <p>10:00 Exercise 6F</p> <p>10:30 Exercise 4F</p> <p>13:30 Bingo 5F </p> <p>13:45 Bingo 6F</p> <p>14:30 Bingo 4F</p>